



Eat green, live green

If you are a visitor to Bangalore and a hardcore organic food patron, then there are several places for you to visit — be they eco-friendly resorts, organic food stores and sattvik restaurants.

Our Native Village, a resort on the outskirts of Bangalore in

Doddaballapur taluk, gives you a slice of Indian village life with a range of

activities such as cow milking, bullock cart rides, kite flying, bicycle riding and organic farming. Its eco features include

renewable energy, eco construction, waste recycling, organic produce and a chemical-free pool.

At the Greenpath Eco-friendly Serviced Apartments, attached with a 24-hour organic restaurant, you can enjoy an eco-friendly lifestyle in harmony with nature along with organic food. The South Indian, North Indian, Chinese and Continental food served here is organic. For sheer variety, there are eco tours, visits to organic farms and farm stays.

Eco friendly initiatives used in such hotels include use of solar panels as alternative energy resources, eco-friendly lighting, composting of waste food, use of bio-degradable cleaning agents, filtered rain water for drinking, solar kitchens, interiors made of eco-friendly materials, solar water heaters, use of herbal, natural and organic products like soaps and



oils and natural and organic shampoos.

While there are numerous vegetarian restaurants in Bangalore, the International Society for Krishna Consciousness (ISKCON) has gone a step ahead by promoting 'The Higher Taste', a sattvic dining restaurant. The restaurant offers buffets and a la carte options, and caters meals for corporate events and special occasions.

